

Healthful Links: Hold Ctrl key & click

Health Requirements for School Attendance

Vaccines <http://www.cdc.gov/vaccines/>

Menactra http://www.menactra.com/what_is_menactra_CDC_recommendations.html

Infectious Control

Hand Washing <http://www.cdc.gov/cdctv/handstogether>

Hand Washing <http://www.henrythehand.com>

Fight Germs! <http://illinoisearlylearning.org/tipsheets/handwashing.htm>

How to Cough <http://www.coughsafe.com/video/sleeves-english.html>

Flu Fighters Video <http://youtu.be/mihpPSjnaV8>

Center for Disease Control <http://www.cdc.gov/>

Medical Concerns

How to use an Epi-Pen <http://www.epipen.com/how-to-use-epipen>

How to use an inhaler <http://www.mayoclinic.com/health/asthma/MM00608>

Food Allergy Cherry Brook Kitchen <http://www.cherrybrookkitchen.com>

Food Allergy

http://www.foodinsight.org/Resources/Detail.aspx?topic=Bright_Papers_for_Parents_Kids_and_Food_Allergies_Facts_Tips_and_Resources

General Health Topics

Health& Human Body

<http://kidshealth.org/kid/closet?gclid=COatppn4sZkCFQquGgod4AQm7Q>

Poison Prevention Tips <http://www.healthychildren.org/English/news/Pages/Tips-for-Poison-Prevention-and-Treatment.aspx>

Nutrition

Choose My Plate <http://www.choosemyplate.gov/>

Fruits and Veggies Matter <http://www.fruitsandveggiesmatter.gov/>

National Dairy Council <http://www.nationaldairycouncil.org/Pages/Home.aspx>

Health Services

DuPage Health Dept. http://www.dupagehealth.org/upload/service_flyer-eng.pdf